



**Public Health**  
Prevent. Promote. Protect.  
 Rock Island County  
 Health Department

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# ILLINOIS QUAD CITY AREA H1N1 UPDATE

**ROCK ISLAND COUNTY**

**February 10, 2010**

## FLU HOTLINE

### ILLINOIS:

866.848.2094 (English)  
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN ROCK ISLAND COUNTY

### Surveillance

Influenza activity throughout Illinois is now classified as sporadic. The risk of illness due to influenza viruses is low. There are numerous respiratory viruses circulating that cause influenza like illness and these viruses are now more prevalent than the influenza virus.

H1N1 in Rock Island County, September 1, 2009 through February 10, 2010:

- 23 Confirmed Hospitalizations
- 1 Death

### Vaccine

Rock Island County Health Department has administered a total of 20,059 initial doses and 1,234 second doses since beginning the H1N1 response in late October 2009. Vaccine was given in 15 school clinics, 24 public clinics, and through daily appointments in the Infectious Disease and WIC Sections.

### Mitigation

Continuing through the month of February, the Rock Island County Health Department will offer clinics on Tuesdays and Thursdays. These will be at the Health Department on a walk-in basis from 8AM to Noon and 1PM to 4:30PM. Both adult and pediatric injectable and nasal mist vaccines are available.

We remain concerned that children 9 years of age and younger receive their second doses of vaccine. Parents are encouraged to utilize one of the Tuesday/Thursday clinics to make sure their child develops the optimal level of immunity.

### Community Outreach

Based on the attendance at our clinics, local interest in the H1N1 vaccination appears to be waning. This also seems to be the case statewide as the number of calls to the state H1N1 hotline dropped from over 200 daily in early December to approximately 10 daily in late January.

The Rock Island County Health Department staff is investigating offering the vaccine to underserved populations in the county. These would be groups that would have difficulty finding transportation to get to regular scheduled clinics. If you are aware of any such populations, please email us the locations at [rslavensky@co.rock-island.il.us](mailto:rslavensky@co.rock-island.il.us)



To receive this update by e-mail, please send your information to us at [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us). To remove your name from the list, e-mail [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us) or call 309.558.2945



Scott County Health Department  
 600 West 4th Street  
 Davenport, IA 52801-1030  
 563.326.8618  
[www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health)

# IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

February 10, 2010

## FLU HOTLINE

**IOWA:**  
 800.447.1985  
 (Interpretation Services Available)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN SCOTT COUNTY

### Flu Season Not Over Yet

The public health focus has been mainly on H1N1 flu this year, however seasonal flu is also a priority. Although flu activity is low at this time, Iowa has reported the first case of seasonal flu in an unvaccinated person with no reported medical conditions. Flu seasons are unpredictable in a number of ways, including when they begin, how severe they are, how long they last and which viruses will spread. There were more uncertainties than usual going into this flu season because of the new H1N1 virus.

Many people are under the misconception that the flu season is over once it starts to get warm outside. Actually, the flu season in the United States typically starts in October and lasts through May. The peak of flu season has occurred anywhere from late November through March.

In the United States, on average 5 to 20 percent of the population gets the seasonal flu each year. More than 200,000 people are hospitalized from seasonal flu-related complications, and about 36,000 people die from seasonal flu-related causes. Some people, such as older people, young children, pregnant women, and people with certain health conditions, are at high risk for serious flu complications.

The flu is a respiratory illness caused by viruses. It spreads easily from person to

person and can cause mild to severe illness. The flu comes on suddenly and symptoms may include fever, headache, tiredness, cough, sore throat, nasal congestion, and body aches. Illness typically lasts two to seven days.

There is still time to protect yourself from the flu by getting the seasonal and H1N1 flu shots and continue to clean your hands, cover your cough and sneezes, and contain germs by staying home when you are sick.

### H1N1 Vaccine Distribution

The H1N1 vaccine continues to be available to all Iowans. Staff from the Scott County Health Department have begun to offer the second dose of the H1N1 vaccine for children 9 and under in Scott County schools. Contact your school for specific dates and times. Parents should be receiving information from their child's school.

Also, the H1N1 vaccine has been distributed to several doctors' offices and pharmacies. Participating pharmacies include CVS, Hy-Vee, Main at Locust, Target, Walgreens and Walmart. Please contact the pharmacies directly for locations and details.

Vaccine will also be offered on Wednesdays at the Scott County Health Department by appointment. Call 563-326-8618 for an appointment.

To receive this update by e-mail or to cancel your subscription, please visit our website, [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health).