



Public Health
Protect. Promote. Prevent.
 Rock Island County
 Health Department

Rock Island County Health Dept.
 2112-25th Avenue
 Rock Island, IL 61201
 309.793.1955
www.richd.org

ILLINOIS QUAD CITY AREA H1N1 UPDATE

ROCK ISLAND COUNTY

JANUARY 27, 2010

FLU HOTLINE

ILLINOIS:

866.848.2094 (English)
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

WHAT'S HAPPENING IN ROCK ISLAND COUNTY

Surveillance

Totals for Rock Island County, September 1, 2009 through January 27, 2010:

23 H1N1 Confirmed Hospitalized Cases
 1 H1N1 death

Vaccine

From April 09 to November 09 there have been 47 million Americans infected with H1N1 with 200,000 resulting hospitalizations and nearly 10,000 deaths. In Illinois as of Jan. 22, 2010, there have been 2,894 hospitalizations and 91 deaths. Just last week Illinois reported 161 new hospitalizations and 2 deaths.

Flu season is unpredictable and generally lasts through May. H1N1 activity seems to be decreasing but that does not mean the risk is gone. **Play it safe and get your shot.**

Mitigation

There continues to be public interest and a demand in the community for H1N1 immunization. Details for future **Walk-In public vaccination clinics follows:**

**Tuesdays starting January 26, 2010
 8 AM to Noon and 1 to 4:30 PM
 Rock Island County Health Dept.
 2112 25th Ave. Rock Island, Illinois**

**Wed., February 3, 2010 2-5:30 PM
 Our Lady of Guadalupe Parish Center
 750 17th St. Silvis, Illinois**

No appointments are needed for the clinics and nasal mist and injectable vaccines are both available. Pediatric second doses are encouraged.

Community Outreach

Influenza spreads from person to person through coughing, sneezing, or hand contact from an infected individual.

Vaccination is the best protection against the flu and it's not too late.

Currently the incidence of influenza-like illness in Illinois is decreasing. An analysis of the influenza strains circulating show that most are H1N1 and that seasonal flu is not causing illness at this time.

The Centers for Disease Control and Prevention (CDC) recommends that children from 6 months to 9 years of age receive two doses of H1N1 vaccine separated by 4 weeks. It is critically important that children in this age range receive the second dose in order to develop adequate immunity.

People with asthma, chronic obstructive pulmonary disease, diabetes, heart or neurological diseases, & who are pregnant are strongly encouraged to get vaccinated as they are more likely to get serious flu-related complications.

To receive this update by e-mail, please send your information to us at health@co.rock-island.il.us. To remove your name from the list, e-mail health@co.rock-island.il.us or call 309.558.2945



Scott County Health Department
 600 West 4th Street
 Davenport, IA 52801-1030
 563.326.8618
www.scottcountyiowa.com/health

IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

JANUARY 27, 2010

FLU HOTLINE

IOWA:

800.447.1985

(Interpretation Services Available)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

WHAT'S HAPPENING IN SCOTT COUNTY

Got Cabin Fever?

You may be starting to get cabin fever and are thinking about taking a trip. Whether you are going somewhere tropical or just taking a weekend road trip, be sure to plan ahead to stay healthy. Here are a few tips.

- Make sure to get your H1N1 vaccine.
- Don't leave home without your hand sanitizer.
- Travel only when you feel well.
- Wash your hands often.
- Cover your coughs and sneezes.

Remember, getting vaccinated is your best prevention against H1N1 and seasonal flu. It is best to plan ahead and get your vaccine a couple of weeks before you travel to give your body plenty of time to build immunity against the flu. Healthy travels!

Things to Remember About The Flu

- The typical flu season is just beginning and lasts until May.
- Influenza viruses are unpredictable; there may be another wave of illness just around the corner.
- Of all the flu viruses tested in recent months, nearly all have been H1N1.
- The H1N1 vaccine is a good match for the H1N1 illness we are seeing now.

To receive this update by e-mail or to cancel your subscription, please visit our website, www.scottcountyiowa.com/health.

- Unlike the seasonal flu, H1N1 strikes hard in children, young people and adults under age 65.
- Good hand washing with soap and water (or hand sanitizer if soap and water are not available) is effective against the spread of flu and other viruses such as the common cold.

H1N1 Vaccine Distribution

The H1N1 vaccine continues to be available to all Iowans. Staff from the Scott County Health Department have begun to offer the H1N1 vaccine in Scott County schools. With the order determined at random, the following schedule is planned:

Week of January 25*

- Davenport Schools
- North Scott Schools
- Pleasant Valley Schools

Week of February 1*

- Bettendorf Schools
- Non public schools

*Contact your school for specific dates and times. Schedule subject to change. Parents should be receiving information from their child's school.

Also, the H1N1 vaccine has been distributed to several doctors' offices and pharmacies. Participating pharmacies include CVS, Hy-Vee, Main at Locust, Target, Walgreens and Walmart. Please contact the pharmacies directly for locations and details.

Vaccine will also be offered on Wednesdays at the Scott County Health Department by appointment. Call 563-326-8618 for an appointment.