



**Public Health**  
Protect. Promote. Prevent.  
 Rock Island County  
 Health Department

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[www.richd.org](http://www.richd.org)

# ILLINOIS QUAD CITY AREA H1N1 UPDATE

**ROCK ISLAND COUNTY**

**OCTOBER 14, 2009**

## FLU HOTLINE

### ILLINOIS:

866.848.2094 (English)  
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the  
 Flu



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN ROCK ISLAND COUNTY

### Surveillance

For the period of Wednesday, October 7 through Wednesday, October 14, 2009, there have been :

- 1 H1N1 Confirmed Hospitalized Case
- 0 H1N1 deaths

Influenza activity continues to be widespread throughout the State of Illinois according to the Illinois Department of Public Health.

### Vaccine

As of Wednesday, October 14, 2009, Rock Island County Health Department (RICHD) has not yet received H1N1 vaccine. RICHD has submitted an initial order of H1N1 vaccine. The Illinois Department of Public Health anticipates orders will be shipped weekly once they become available. As stated last week, RICHD plans to distribute vaccine according to the CDC priority groups. There is no sub-prioritization indicated at this time. The priority groups are:

- Pregnant Women
- Caregivers of Infants under 6 months of age
- Health care and emergency service personnel
- Persons ages 6 months through 24 years of age

- People aged 25-64 who are at higher risk due to chronic health disorders or compromised immune systems.

### Mitigation

RICHD continues to promote the 3 C's: Cover, Clean, Contain and recommends getting seasonal and H1N1 vaccinations when available.

RICHD staff and school officials have held preliminary planning sessions to discuss vaccination strategies for school aged children.

RICHD is also coordinating planning efforts for the other priority groups such as OB/GYN physicians, childcare provider agencies and EMS services.

### Community Outreach

RICHD seasonal flu shot clinics began October 6, 2009. For a complete list of dates and locations, please visit [www.richd.org](http://www.richd.org) and click on the "Seasonal Flu" tab.

RICHD held an information and training session for the Rock Island County Medical Reserve Corps on Wednesday, October 7, 2009. The discussion included the use of MRC volunteers to assist with H1N1 vaccination clinics.

To receive this update by e-mail, please send your information to us at [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us). To remove your name from the list, e-mail [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us) or call 309.558.2945



Scott County Health Department  
600 West 4th Street  
Davenport, IA 52801-1030  
563.326.8618  
[www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health)

# IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

OCTOBER 14, 2009

## FLU HOTLINE

**IOWA:**  
800.447.1985  
(Interpretation Services Available)

Remember the 3 C's

Fight the  
Flu



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN SCOTT COUNTY

### H1N1 Influenza Vaccine—Dispelling the Myths

**MYTH:** The H1N1 vaccine is not as safe as the seasonal flu vaccine.

**FACT:** The Scott County Health Department would like to remind residents that the 2009 H1N1 influenza vaccine is as safe as the seasonal flu vaccine. The H1N1 vaccine is made by the same process, by the same companies, and tested in the same manner as the seasonal vaccine. Since the vaccine is made and tested in the same way there is no reason to believe there are any more risks associated with the H1N1 vaccine as with the seasonal flu vaccine.

**MYTH:** You cannot get the H1N1 vaccine and the seasonal flu vaccine at the same time.

**FACT:** The seasonal flu vaccine and the H1N1 vaccine can be given at the same time and in any sequence *with one exception:* If using the FluMist® vaccine for BOTH the seasonal flu and the H1N1, they should be given 4 weeks apart to ensure the best protection from both vaccines.

**MYTH:** The H1N1 FluMist® can not be given to women of child bearing age.

**FACT:** The H1N1 FluMist® is a vaccine that is sprayed into the nose. The vaccine is made with a weakened form of the virus so it will not cause illness. The H1N1 FluMist® is approved for people from 2 through 49 years of age who are not pregnant and do not have certain health conditions. Women of child bearing age may get this form of vaccine as long as they are not pregnant.

**MYTH:** Most H1N1 cases have been mild, so getting the vaccine is not necessary.

**FALSE:** The risks associated with not getting the H1N1 vaccine are far greater than the inconvenience of getting the vaccine. This virus has the potential to cause serious illness and death. Receiving the vaccination is an effective way to help fight the spread of the virus.

To receive this update by e-mail, please add your name to the list on our website, [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health). To remove your name from the list, e-mail [health@scottcountyiowa.com](mailto:health@scottcountyiowa.com) or call 563.326.8618.

### Vaccine Clinics Scheduled in Scott County

The Scott County Health Department has received a limited supply of FluMist® and H1N1 flu shot vaccine. The following clinics have been scheduled for priority groups.

- **Pregnant Women**—can schedule an appointment for the H1N1 flu shot for Friday, October 16 from 7:15 AM to 4:00 PM at Scott County Health Department, 600 W. 4th Street, Davenport. Call 563-326-8618.
- **Health Care Workers**—who have direct contact with individuals with infectious disease may attend a **walk-in** FluMist® clinic scheduled for Monday, October 19 from 4:00 PM to 8:00 PM (as supplies last) at the Starlite Ballroom at the Mississippi Fair Grounds, 218 West Locust Street, Davenport. Must bring proof of health care employment.

The SCHD anticipates more vaccine to arrive in the near future vaccine will be made available to broader priority groups as supplies allow.