



**Public Health**  
Protect. Promote. Prevent.  
 Rock Island County  
 Health Department

Rock Island County Health Dept.  
 2112-25th Avenue  
 Rock Island, IL 61201  
 309.793.1955  
[www.richd.org](http://www.richd.org)

# ILLINOIS QUAD CITY AREA H1N1 UPDATE

**ROCK ISLAND COUNTY**

**OCTOBER 28, 2009**

## FLU HOTLINE

### ILLINOIS:

866.848.2094 (English)  
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN ROCK ISLAND COUNTY

### Surveillance

Totals for Rock Island County, September 1, 2009 through October 28, 2009:

13 H1N1 Confirmed Hospitalized Cases

1 H1N1 death

### Vaccine

Rock Island County Health Department (RICHD) received a partial order on October 22, 2009. RICHD received 7,500 doses of injectable vaccine and 100 doses of intranasal spray. The Illinois Department of Public Health continues to fill local health department orders as vaccine becomes available. As of October 27, 2009, RICHD has served 1,494 people with either intranasal spray or injections.

With delayed shipment to other Rock Island County providers, RICHD is making some of its supply available to many of them so that they may administer to priority groups they serve.

### Mitigation

Upon receiving the vaccine, RICHD immediately began giving vaccinations to health department staff and volunteers who will be working the vaccination clinics. RICHD also scheduled several clinics for persons falling into the CDC defined priority groups. Clinics began Friday, October 23 and will run through Friday, October 30, 2009. All

appointments for these clinics are filled at this time. RICHD is planning clinics at the Health Department for two days next week. Dates and Times of these clinics will be posted to the website as soon as they have been confirmed. Please visit: [www.richd.org](http://www.richd.org) for more information.

Two school clinics have been tentatively scheduled for next week, pending vaccine availability.

### Community Outreach

The Centers for Disease Control and Prevention (CDC) has activated a hotline for clinicians. The hotline is to assist health care providers with clinical consultation for care of pregnant women and pregnancy complications due to H1N1 influenza. The number is **1-404-368-2133**.

RICHD continues to coordinate with local physicians, hospitals, emergency service agencies, and other health care providers to ensure that priority groups are being addressed and that public information messages are timely and consistent.

To receive this update by e-mail, please send your information to us at [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us).

To remove your name from the list, e-mail [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us) or call 309.558.2945



Scott County Health Department  
600 West 4th Street  
Davenport, IA 52801-1030  
563.326.8618  
[www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health)

# IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

OCTOBER 28, 2009

## FLU HOTLINE

IOWA:

800.447.1985

(Interpretation Services Available)

Remember the 3 C's

Fight the  
Flu



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## WHAT'S HAPPENING IN SCOTT COUNTY

### H1N1: When should you see a doctor?

While most people will recover from the virus without needing to see a doctor, some people are at higher risk for H1N1-related complications.

Parents of the following children should contact their health care provider as soon as flu-like symptoms begin:

- Children younger than 2 years of age in particular, some children up to 4 years of age;
- Children and adolescents with chronic medical conditions, such as asthma and diabetes;
- Adolescents who are pregnant (and up to two weeks after giving birth);
- Children and adolescents who are on long-term aspirin therapy.

Even healthy older children can have severe or fatal outcomes after influenza infection. In all children, emergency warning signs indicating the need for urgent medical attention include:

- Fast breathing or trouble breathing;
- Bluish or gray skin color;
- Not drinking enough fluids;
- Severe or persistent vomiting;
- Not waking up or not interacting;
- Being so irritable that the child does not want to be held;
- Flu symptoms improve but then return with fever and worse cough; or
- Fever with a rash.

In adults emergency warning signs are:

- Difficulty breathing or shortness of breath;
- Pain or pressure in chest or abdomen;
- Sudden dizziness;
- Confusion; or
- Severe or persistent vomiting.

If you have concerns call your doctor. He or she can make the best recommendations based on your health history.

### Masks-Are They Necessary?

Masks help decrease the spread of flu in your health care provider's office, and so you may be asked to wear one to if you are coughing or sneezing. "If you're coughing or sneezing, wearing a mask while you wait to be seen by a health care provider is a thoughtful action you can personally take to stop the spread of disease," said Lawrence E. Barker, Scott County Health Department Director. If your health care provider wears a mask, it does not mean they are concerned about attending patients. Instead, it is a sign the worker is taking extra steps to stop the spread of the virus to themselves, and the patients they see each day.

Other ways to protect yourself and others from H1N1 is to cover your cough, wash your hands, stay home when you are sick, and get your seasonal flu vaccine and your H1N1 flu vaccine when it is available.

"Additionally, we know some employers are asking their workers to be checked by a doctor if they are going to be off work for several days, or before they return to work after illness. Since it is important to keep hospitals, ERs and clinics available to the sickest people, it would be helpful to forgo that practice this flu season," said Barker. "We are hearing that some offices are already overwhelmed with ill patients."

**For H1N1 vaccinations** - Watch for updates at [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health) and in the news.

To receive this update by e-mail, please add your name to the list on our website, [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health). To remove your name from the list, e-mail [health@scottcountyiowa.com](mailto:health@scottcountyiowa.com) or call 563.326.8618.