



**Public Health**  
Protect. Promote. Prevent.  
 Rock Island County  
 Health Department

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[www.richd.org](http://www.richd.org)

# ILLINOIS QUAD CITY AREA H1N1 UPDATE

**ROCK ISLAND COUNTY**

**November 12, 2009**

## FLU HOTLINE

### ILLINOIS:

866.848.2094 (English)  
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN ROCK ISLAND COUNTY

### Surveillance

Totals for Rock Island County, September 1, 2009 through November 12, 2009:

19 H1N1 Confirmed Hospitalized Cases

1 H1N1 death

### Vaccine

Rock Island County Health Department (RICHD) received an additional shipment of 5750 doses of various types of H1N1 vaccine on November 10, 2009. Included in this delivery were 1500 pre-filled pediatric doses. The Illinois Department of Public Health and the vaccine manufacturers continue to fill local health department orders as vaccine becomes available. As of November 12, 2009, RICHD has vaccinated approximately 5400 people.

There continue to be shipping delays and vaccine shortages. Rock Island County Health Dept. is providing vaccine and supplies to our community partners as our supply allows.

### Mitigation

RICHD has provided clinics in four local school systems as of the date of this publication. Additional school clinics are planned as the vaccine supply allows.

On Friday, November 13, 2009, a drive-through clinic is planned at the Greater Quad City Auto Auction in Milan from

10AM to 2PM. This clinic will serve only people five years of age and above who are in the CDC priority groups.

RICHD is also planning a pediatric clinic at the Health Department on Monday, November 16, 2009 from 9AM to 4PM. This clinic is for children from 6 months to 5 years. Appointments for the pediatric clinic can be made at 309-558-2999. Please visit: [www.richd.org](http://www.richd.org) for more information.

### Community Outreach

The RICHD will post dates and times of future clinics on our website: [www.richd.org](http://www.richd.org). We will also inform the local media when we have clinics scheduled. Please continue to check our website and local media outlets for additional information.

The Centers for Disease Control and Prevention (CDC) has activated a hotline for clinicians. The hotline is to assist health care providers with clinical consultation for care of pregnant women and pregnancy complications due to H1N1 influenza. The number is **1-404-368-2133**.

To receive this update by e-mail, please send your information to us at [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us). To remove your name from the list, e-mail [health@co.rock-island.il.us](mailto:health@co.rock-island.il.us) or call 309.558.2945



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[www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health)

# IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

OCTOBER 28, 2009

## FLU HOTLINE

IOWA:

800.447.1985

(Interpretation Services Available)

Remember the 3 C's

Fight the  
Flu



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

## WHAT'S HAPPENING IN SCOTT COUNTY

### H1N1: When should you see a doctor?

While most people will recover from the virus without needing to see a doctor, some people are at higher risk for H1N1-related complications.

Parents of the following children should contact their health care provider as soon as flu-like symptoms begin:

- Children younger than 2 years of age in particular, some children up to 4 years of age;
- Children and adolescents with chronic medical conditions, such as asthma and diabetes;
- Adolescents who are pregnant (and up to two weeks after giving birth);
- Children and adolescents who are on long-term aspirin therapy.

Even healthy older children can have severe or fatal outcomes after influenza infection. In all children, emergency warning signs indicating the need for urgent medical attention include:

- Fast breathing or trouble breathing;
- Bluish or gray skin color;
- Not drinking enough fluids;
- Severe or persistent vomiting;
- Not waking up or not interacting;
- Being so irritable that the child does not want to be held;
- Flu symptoms improve but then return with fever and worse cough; or
- Fever with a rash.

In adults emergency warning signs are:

- Difficulty breathing or shortness of breath;
- Pain or pressure in chest or abdomen;
- Sudden dizziness;
- Confusion; or
- Severe or persistent vomiting.

If you have concerns call your doctor. He or she can make the best recommendations based on your health history.

### Masks-Are They Necessary?

Masks help decrease the spread of flu in your health care provider's office, and so you may be asked to wear one to if you are coughing or sneezing. "If you're coughing or sneezing, wearing a mask while you wait to be seen by a health care provider is a thoughtful action you can personally take to stop the spread of disease," said Lawrence E. Barker, Scott County Health Department Director. If your health care provider wears a mask, it does not mean they are concerned about attending patients. Instead, it is a sign the worker is taking extra steps to stop the spread of the virus to themselves, and the patients they see each day.

Other ways to protect yourself and others from H1N1 is to cover your cough, wash your hands, stay home when you are sick, and get your seasonal flu vaccine and your H1N1 flu vaccine when it is available.

"Additionally, we know some employers are asking their workers to be checked by a doctor if they are going to be off work for several days, or before they return to work after illness. Since it is important to keep hospitals, ERs and clinics available to the sickest people, it would be helpful to forgo that practice this flu season," said Barker. "We are hearing that some offices are already overwhelmed with ill patients."

**For H1N1 vaccinations** - Watch for updates at [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health) and in the news.

To receive this update by e-mail, please add your name to the list on our website, [www.scottcountyiowa.com/health](http://www.scottcountyiowa.com/health). To remove your name from the list, e-mail [health@scottcountyiowa.com](mailto:health@scottcountyiowa.com) or call 563.326.8618.