



Public Health
Prevent. Promote. Protect.
 Rock Island County
 Health Department

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ILLINOIS QUAD CITY AREA H1N1 UPDATE

ROCK ISLAND COUNTY

December 9, 2009

FLU HOTLINE

ILLINOIS:

866.848.2094 (English)
 866.241.2138 (Spanish)

Remember the 3 C's

Fight the
 Flu



Cover Your Cough.

Use a tissue or your elbow.



Clean Your Hands.

Use soap and water or hand sanitizer



Contain Germs.

Stay home when sick.

WHAT'S HAPPENING IN ROCK ISLAND COUNTY

Surveillance

Totals for Rock Island County,
 September 1, 2009 through December 9,
 2009:

22 H1N1 Confirmed Hospitalized Cases
 1 H1N1 deaths

In Illinois during the week of December 4, 2009, there were 186 new hospitalizations and 3 deaths.

Vaccine

Rock Island County Health Department (RICHD) has administered a total of 9805 doses of vaccine to individuals in the Centers for Disease Control and Prevention (CDC) priority groups through December 4, 2009.

RICHD has also distributed over 5000 doses of vaccine to various providers in the county to use for their clients and staff.

Mitigation

RICHD has scheduled two appointment only clinics for priority group populations and children nine years of age or younger on Tuesday, December 8 and Friday, December 11.

On Wednesday, December 16 from 3-8PM, there will be a **Walk In Clinic** at the Quad City Conservation Alliance (QCCA) Expo Center in Rock Island. This clinic will also be for individuals in the CDC priority groups and children requiring second doses. No appointments will be required.

Vaccine will also be offered in two additional school clinics in the next two weeks.

Community Outreach

CDC has clarified guidelines for providers of home and community-based health related services. Personal care attendants, direct support staff, paraprofessionals, itinerant therapists and others providing "activities of daily living" support who have close contact with people with disabilities and those providing health care support services in day and residential programs for people with disabilities should be considered in the same priority for H1N1 vaccination as "health care personnel".

Based on this new guidance, Illinois Dept. of Public (IDPH) is including family caregivers in the health care personnel priority group.

IDPH has announced that the H1N1 Flu Hotline is now equipped to answer medical questions about H1N1 influenza in addition to the general inquiries about influenza vaccine and treatment. The IDPH is partnering with the Illinois Poison Control Center to staff the hotline with health care professionals.

Illinois Flu Hotline:

866-848-2094 (English)
 866-241-2138 (Spanish)

To receive this update by e-mail, please send your information to us at health@co.rock-island.il.us. To remove your name from the list, e-mail health@co.rock-island.il.us or call 309.558.2945



Scott County Health Department
 600 West 4th Street
 Davenport, IA 52801-1030
 563.326.8618
www.scottcountyiowa.com/health

IOWA QUAD CITY AREA H1N1 UPDATE

SCOTT COUNTY

December 9, 2009

FLU HOTLINE

IOWA:
 800.447.1985
 (Interpretation Services Available)

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WHAT'S HAPPENING IN SCOTT COUNTY

H1N1-Not the only bug in town

Information about the H1N1 flu is everywhere from billboards to the nightly news. As a result, we are all more aware of the H1N1 flu and how to stop it. However, we must not forget that the H1N1 virus is just one of the many "bugs" that can make us sick this winter. We need to all stand guard against viruses that can cause illness such as gastroenteritis or even the common cold. The good news is that the message for prevention is the same. Continue to cover your cough, stay home when sick and practice proper hand washing to prevent illness this winter and all year round.

When is the flu not the flu?

The "stomach flu", is a term heard often, especially during flu season. But did you know that the "stomach flu" isn't the flu at all? The words "stomach flu" are typically used to describe symptoms from gastroenteritis such as nausea, abdominal cramps, vomiting, and diarrhea. Gastroenteritis is caused by certain viruses such noroviruses and some foodborne bacteria but not by influenza viruses. Influenza viruses cause respiratory disease affecting the nose, throat and lungs. Gastroenteritis mainly affects the stomach and intestines. So, while it is a bit easier to pronounce than gastroenteritis, the "stomach flu", is really not the flu at all!

To receive this update by e-mail or to cancel your subscription, please visit our website, www.scottcountyiowa.com/health.

2nd Dose of H1N1 Vaccine

Children ages 6 months through 9 years should receive two doses of the 2009 H1N1 vaccine. It is important to receive the second dose in order to get full protection against the H1N1 virus. The first dose of the vaccine basically 'primes' the child's immune system to receive the second dose. The second dose is the one that provides full protection against the H1N1 virus for children. Those who are age 10 and older only need one dose of the H1N1 vaccine to receive full protection against the H1N1 virus.

The CDC recommends that children wait 4 weeks before receiving the second dose of the H1N1 vaccine. Scott County Health Department is now scheduling appointments for children who are ages 6 months through 9 to receive their second dose of H1N1 vaccine. Call us to make an appointment!

Appointments Available For Priority Populations

In Scott County, the H1N1 vaccine remains targeted to those at highest risk of becoming ill and developing complications from the virus. We will continue to provide H1N1 vaccine appointments at the Scott County Health Department on Wednesdays. Call 563-326-8618 to schedule an appointment if you qualify.

Below are CDC's priority populations:

- Healthy children/young adults 6 months to 24 years old
- People with chronic disease from 6 months to 64 years old
- Pregnant women
- Household contacts and caregivers of infants less than 6 months old
- Health care and emergency medical personnel